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Your skin microbiome may affect how attractive you are to mosquitoes

Mosquitoes can be drawn to your skin microbiome, suggesting that one day a spray that alters your bacteria could help ward off bites

By [Carissa Wong](#)

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▲ ***Aedes aegypti* mosquitoes, which spread infections such as dengue, may be put off by some of the odours produced by bacteria on people's skin**

James Gathany/CDC/AP/Alamy

Bacteria that live on your skin produce odours that can help repel mosquitoes. This suggests that changing some people's skin microbiomes to contain more of these bacteria could work as a mosquito repellent.

Synthetic repellents, which commonly contain the ingredient DEET, can be applied to the skin to prevent mosquito bites, but tend to wear off after a few hours and, in rare cases, can cause skin irritation. [DEET can also have toxic effects on aquatic life](#), such as slowing the growth of algae.

Now, [Iliano Vieira Coutinho Abreu Gomes](#) at the University of California, San Diego, and his colleagues have found that bacteria that commonly live on people's skin produce chemicals that help to repel *Aedes aegypti* mosquitoes, which spread infections such as dengue, chikungunya and yellow fever.

The researchers looked at 20 strains of microorganisms that belong to the bacterial group *Staphylococcus* and 19 strains of *Corynebacterium*, both of which are commonly found on human [skin](#). They tested how a subset of chemicals – called 2-methyl butyric acid, 3-methyl butyric acid and geraniol – released by these bacteria affect mosquito behaviour.

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The team placed a plastic mesh coated with the chemical lactic acid, which is highly attractive to [mosquitoes](#) and produced by some skin bacteria, at two ends of a cage. At one end, the researchers also placed a mesh coated in either odourless water or paraffin oil, acting as the control part of the experiment. At the other end, they placed a mesh coated in 2-methyl butyric acid. They then repeated the experiment with 3-methyl butyric acid and geraniol-coated meshes at this end of the cage.

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After releasing 16 female *A. aegypti* mosquitoes into the cage at a time, the team found that the [insects](#) landed and spent roughly 70 per cent less time at the end of the cage

with either 2-methyl butyric acid, 3-methyl butyric acid or geraniol, compared with the side with the control solutions.

“Bacteria such as *Staphylococci* stay on our skin even if we take a shower and the repellent chemicals they produce are naturally found on our bodies,” says Gomes. Researchers could genetically engineer these bacteria in the laboratory to produce raised levels of chemicals such as 2-methyl butyric acid and then these engineered microbes could be applied to skin, he says. As these bacteria already live on people’s skin, targeting the skin [microbiome](#) could result in a much longer-lasting repellent than existing sprays, he says. The team is testing this approach in mice.

However, it is unclear how easily such a repellent could be distributed to people most at risk of infections spread by mosquitoes. “Products containing microbes would usually need to be stored in the fridge, which isn’t really practical,” says [Alicia Showering](#) at the London School of Hygiene & Tropical Medicine.

What’s more, the team only studied one type of mosquito and the experiments didn’t involve using people as bait, says [Perran Ross](#) at the University of Melbourne, Australia. “It’s too early to say from this study whether new repellents based on these compounds could be better than existing ones,” he says.

Reference:

bioRxiv DOI: [10.1101/2023.08.19.553996](https://doi.org/10.1101/2023.08.19.553996)

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